

ANNASTASIA FIALA-WATKINS

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Height: 5' 5" **Vocal Range:** Mezzo/Soprano
Hair: Auburn **Eyes:** Blue/Green

EDUCATION

MFA Acting Candidate and Graduate Assistant; Expected Graduation Date: May 2020

The University of Hawai'i at Mānoa (UHM), Honolulu, Hawai'i

Paul Mitri – Advanced IPA and Dialect Training, Shakespeare, Stage Combat, Great Roles

Dr. Lurana Donnels O'Malley – Graduate Research

Stacy Ray – Adler Technique, Advanced TV/Film Acting, Period Styles

Dr. Markus Wessendorf – Major Dramatic Theory, Dramaturgy, Devised Theatre

Sai Bhatawadekar – Bollywood Dance

Made Widana – SE Asian Acting (Balinese)

Jill Togawa – Alexander Technique

Laurence Paxton – Musical Theatre Voice and Scene Study

Tammy Haili'ōpua – Theatre of Hawai'i

Michelle Bisbee – Directing (Collaborating with Designers)

Ivan Bondoc – Linguistics

BFA in Musical Theatre; Graduated Magna Cum Laude Spring 2016

The University of West Florida (UWF), Pensacola, Florida

Kris Danford – Musical Theatre Voice, Classical Voice Training

Sam Osheroff – Acting I, II, & III, Voice and Movement

Glenn Breed – Costume Design History, Costume Construction, Tech Theatre

Hanan Tarabay and Howard Reddy – Voice

Richard Steinert – Dance (ballet and contemporary)

Tom Baraco – Music Theory

Nathanael Fisher – Script Analysis

Jerre Brisky – Stage Management

Charles Houghton, Phillip Brulotte, Heather Roberson – Tech Theatre

UWF – Univ. of West Florida
UHM – Univ. of Hawai'i at Mānoa
PLT – Pensacola Little Theatre
HSF – Hawai'i Shakespeare Festival

THEATRE

THE MAIDS

Madame

Tyler Haugen

UHM

MUCH ADO ABOUT NOTHING

Margaret/Don John

Jason Kanda

HSF

THE COUNTRY WIFE

Mr. Hartcourt

Stacy Ray

UHM

A MIDSUMMER NIGHT'S

Hermia/Hema

Paul Mitri/

UHM

BOLLYWOOD DREAM

Sai Bhatawadekar

THE GOOD PERSON OF SZECHWAN

Mrs. Yang/Landlady

Ike Webster

UHM

<i>ACCIDENTAL DEATH OF AN ANARCHIST PLAY</i>	Feletti	Christine Lamborn	Chaminade Univ.
<i>DON'T DRESS FOR DINNER</i>	Woman 1	Ike Webster	UHM
<i>MEDEA</i>	Suzanne	Carla Rhodes	PLT
<i>DANCING AT LUGHNASA</i>	Chorus Woman 1	Sam Osheroff	UWF
<i>PSYCHO BEACH PARTY</i>	Maggie	Paddy Behan	UWF
<i>LAUNDRY AND BOURBON</i>	Marvel Ann	Katie Mack	UWF
<i>ANTON IN SHOW BUSINESS</i>	Elizabeth	Sam Osheroff	Carlow, Ireland
<i>A CHRISTMAS CAROL</i>	Lisabette	Nathanael Fisher	UWF
<i>FIDDLER ON THE ROOF</i>	Mrs. Cratchit	Nathanael Fisher	UWF
<i>HAIRSPRAY</i>	Chava	Jerry Ahillen	PLT
<i>A CHRISTMAS CAROL</i>	Shelley	Kathy Holsworth	PLT
	Townsperson/Dancer	Sam Osheroff	UWF

TV/FILM/COMMERCIAL

MAGNUM PI (2018) Season 1: Episode 13	Featured Extra- David Gomez's Date	101 st St. Entertainment
SAME TIME, NEXT CHRISTMAS (2019)	Extra	EveryWhere Studios
TALES OF THE CIRCLE KEYS (2020)	Sara	Benevolent Renegade Productions
UPROOT (Student Short Film)	Actor, Combat Coordinator, Vocals	UHM
BALLISTIC (2020)	Extra	The Harris Agency
SUMMER SESSION COMMERCIAL University of Hawai'i at Mānoa (2018) (Shown in theaters only)	Student discussing UH	UHM
MAKE A SPLASH COMMERCIAL University of West Florida (2016)	Actor getting ready	UWF

SPECIAL SKILLS

Stage Combat (hand-to-hand, quarterstaff, broadsword, found objects), Cheerleading, Basic Dance (ballet, hip-hop, contemporary), Basic American Sign Language, Basic Aerial Acrobatics (silks and static trapeze), Comfortable Shooting and Being Around Firearms, Round-Off, Cartwheel, "Assisted" Double Cartwheel, Costume Construction, Basic Scene and Prop Construction, Passport, Great with Children, On Command (Burp, Sneeze, Yawn, Hiccup), Many Different Types of Laughs

RELATED EXPERIENCE

KCACTF Region 7 Speaker February 18, 2020 – Fort Collins, Colorado

- Held a workshop – "Who Am I?: Creating a Character through Movement, Vocals, and the Page"
- During this workshop I guided students in creating characters through various research, movement, and the voice. We explored Laban Movement and how the body changes due to a character's situation, history, and their environment. I also walked them through how the

voice changes as the body shifts and how to use the voice properly without pushing. Finally, we talked about different research students can do to make sure they create a complete character with all of the information they need to react easily and truthfully as their character. At the end, students asked questions about how to tackle difficult characters and situations and we worked through how to work through any issues.

Instructor - ACM 255: Film and Digital Media Fall 2019 - University of Hawai'i at Mānoa

- Created a syllabus that fit the Academy for Creative Media's criteria
- ACM 255 - An in-depth study of the process and art of filmmaking. In this class, we watched, discussed, analyzed, read, and wrote about films with a critical eye to understanding cinematic storytelling and its various elements such as mise-en-scene, cinematography, editing, and sound. We examined the origins and history of film to see how it has developed and become a part of so many societies. We learned about the filmmaking process, from idea to finished film. Students were exposed to and became familiar with cinema vocabulary. By watching media carefully, analyzing, discussing and writing about it, students developed their critical abilities. The ultimate goal was for students to gain a deeper understanding and appreciation for the art form.

Instructor - THEA 220: Voice and Movement Fall 2018 - University of Hawai'i at Mānoa

- THEA 220 - An introduction to the basic fundamentals of voice and movement for the actor. Students concentrated on breathing and relaxation exercises, neutral mask, and other approaches to increase self-awareness and potential for self-expression. The work in this class was preparatory for a wide range of acting/movement/vocal techniques. Classes began with exercises to help identify and release tensions that were preventing the voice and physical instrument from being their most expressive. Resonance, range, projection, and articulation were further explored to add depth and professional maturity to the voice. In movement, Laban Movement Analysis was introduced to identify personal tendencies in relation to time, weight, focus, and space and become a springboard for character analysis. We also utilized other exercises and techniques from Linklater, Alexander, Fitzmaurice, and several others. Students had ample opportunity to practice techniques on poems, monologues and other theatrical material.

Actor - HealthCAST 2017-2020 - University of Hawai'i at Mānoa, Honolulu, HI

- Portrayed patients suffering from a variety of physical and emotional symptoms. Worked alongside a dedicated director and subject matter experts to make sure I portrayed the patient—and their symptoms—accurately and convincingly during improvised encounters with students at the School of Nursing's Translational Health Science Simulation Center.

Graduate Assistant at the University of Hawai'i at Mānoa Fall 2018-Spring 2020

Academy for Creative Media and the Theatre & Dance Department

- Facilitated and hosted a weekend of auditions for over 120 union and non-union actors, while also teaching students how to hold an audition and work with actors. Created an Actor Database for student filmmakers to use for casting. Worked as a Casting Director and helped

find filming venues for many student films. Worked with student filmmakers and the Department of Theatre & Dance to find props for films. Created paperwork for student filmmakers to use for their productions (paperwork was approved by UHM Legal). Facilitated and hosted workshops for ACM and T&D students (character development workshops, Motion Capture workshops, etc.). Helped cover a few animation classes while professor was gone. Was the TA for ACM 255 Spring 2020.

Graduate Assistant for Kennedy Theatre Costume Shop Spring 2018 - University of Hawai'i at Mānoa

- Facilitated measurements and fittings for actors, kept track of notes and measurements and tasks to be done, pulled costumes, fixed costumes, and built costumes. Also, reorganized and sorted through entire costume stock.

Stitcher/Costumer/Wardrobe Supervisor Spring 2018 - The University of West Florida Costume Shop, Pensacola, FL

- Facilitated measurements and fittings for actors, kept track of notes and measurements and tasks to be done, fixed costumes, built costumes, made paperwork for shows that had detailed lists regarding quick-changes and all costumes in the show, and helped dressers assist actors during quick-changes during shows.

Stitcher/Dresser 2014-2016 - Wardrobe Witchery, Pensacola, FL

- Kept track of notes, measurements, and tasks to be done. Also, fixed costumes, built costumes, and helped assisted actors during quick-changes during shows.

The Irish Experience Program (The Emerald Cost Meets the Emerald Isle) Summer 2014 & 2015
Carlow, Ireland – Carlow College

- Auditioned and was chosen to take part in UWF's month-long study abroad program at Carlow College in Carlow, Ireland for two summers. We attended workshops while traveling through Ireland. Classwork was integrated with field trips supporting their discussions, including the Carlow Arts Festival and the acclaimed Borris House Festival of Writing and Ideas, a literary event that showcases writers, artists, filmmakers, political commentators, musicians and architects. Attended The History of Ireland Festival as well.
- (2014) Prepared and performed James McLure's *Lone Star* and *Laundry and Bourbon*, directed by UWF professor Sam Osheroff, as part of the Eigse Carlow Arts Festival in Ireland. When we returned, we performed Martin McDonagh's *Beauty Queen of Leenane*, directed by Paddy Behan, the former President of the Carlow Little Theatre.
- (2015) Performed David Ives' *All In The Timing*, in the George Bernard Shaw Theatre in Carlow, Ireland, directed Sam Osheroff. Upon our return, we performed Brian Friel's *Dancing at Lughnasa* at the UWF Center for Fine & Performing Arts, directed by Paddy Behan. We also had the opportunity to meet Friel during our time in Ireland, in addition to undertaking extensive primary research.

TA – Theatre Experience 2015 - The University of West Florida, Pensacola, FL

- Gave quizzes, recorded grades, averaged grades, gave lectures if the professor was absent, provided information to students, facilitated the final, and relayed information to appropriate parties.

Volunteer Theatre Teacher 2012-2014 - Brentwood Elementary School, Pensacola, FL

- Taught 4th and 5th graders the importance of theatre while playing improvisational games and incorporating useful fundamentals into everyday life. Made a safe and judgment free atmosphere for the children to feel comfortable expressing themselves. Two other teachers and I wrote and taught the children a song, dance, and dialogue to perform as their final at the end of the semester. Met with the children (around 8-12 of them depending on the day) twice a week, played improv games, taught choreography, etc.

Cheerleading Coach 2009-2011 - Tupelo Cheer Academy, Tupelo, MS

- Taught ages 3-16 the fundamentals of cheerleading and tumbling while also preparing them with routines for competitions.

AWARDS, AFFILIATIONS, AND SCHOLARSHIPS

Irene Ryan Nominee for Acting (KCACTF Region 7) – *The Maids*

Meritorious Achievement in Acting (KCACTF Region 7) - *A Midsummer Night's Bollywood Dream* (Hema/Hermia)

Meritorious Achievement for Stage Management (KCACTF Region 7) - *Nora*

Hawai'i State Theatre Council Po'okela Awards for Excellence

- Ensemble Performance in a Non-traditional Production - *A Midsummer Night's Bollywood Dream* (Hema/Hermia)
- Overall Production of a Play - *Dead Accounts* (Costume Designer)
- Overall Production of a Non-traditional Performance - *A Midsummer Night's Bollywood Dream* (Hema/Hermia)

2019 KCACTF Region 7

- John Cauble Award for Outstanding Short Plays (One Acts) – Read *Tony the Fantastic Fireman! LIVE: One Show Only* as Heather
- The National Devising Theatre Project – Member of Winning Team
- SDC Directing Initiative – Actor in Regional/National Winning Scene

2018 KCACTF Region 7 Improv Olympics – Member of Top Winner of Improv Award in both short-form and long-form improv

Tuition Support Scholarship Recipient Spring 2018

Member and 2013-2014 Vice President of Chi Alpha Epsilon (National Honor Society)

Member and 2012-2013 Secretary of Alpha Psi Omega (National Theatre Honor Society)

University of West Florida Cheerleader 2011-2013

Teacher for Brentwood Elementary Drama Club 2011-2013

Brendon Tyler Wood Scholarship Recipient 2011

TECHNICIAN RESUME

UWF - Univ. of West Florida
UHM - Univ. of Hawai'i at Mānoa

COSTUMING

[Current Season – Various Shows]	Wardrobe Manager	Cheryl Flaharty	Iona Dance Company
<i>MURDER AT THE VICTORIAN ESTATE</i>	Costume Designer	Emily Steward (Dir.)	UHM
<i>EURYDICE</i>	Costume Designer	Alex Munro (Dir.)	Hawai'i Pacific Univ.
<i>DEAD ACCOUNTS</i>	Costume Designer	Tyler Haugen (Dir.)	Chaminade Univ.
<i>DOMINION</i>	Wardrobe Supervisor/ Dresser/Stitcher	Cheryl Flaharty	Hawai'i Theatre
<i>FIGHTS AND DELIGHTS:</i>	Dresser/Stitcher	Hannah Schauer	UHM
<i>THREE CHINESE COMEDIES</i>			
<i>FA'ALAVELAVE (THE INTERRUPTION)</i>	Stitcher	Hannah Schauer	UHM
<i>TAIKO DRUM & DANCE: HANA HOU!</i>	Stitcher	Hannah Schauer	UHM
<i>THE SPITFIRE GRILL</i>	Stitcher	Marc Marcos	UHM
<i>ON THE VERGE</i>	Stitcher	Glenn Breed	UWF
<i>ANNIE</i> (Broadway Tour)	Dresser	Bob Whitaker	Mattie Kelly Arts
<i>OKLAHOMA!</i>	Wardrobe Supervisor/ Stitcher/Dresser	Glenn Breed	UWF
<i>THE ABDUCTION FROM THE SERAGLIO</i>	Stitcher	Glenn Breed	UWF
<i>LA TRAVIATA</i>	Stitcher/Dresser	Edie Green	Pensacola Opera
<i>THREE POSTCARDS</i>	Stitcher	Glenn Breed	UWF
<i>ILLYRIA</i>	Stitcher	Glenn Breed	UWF
<i>FLOYD COLLINS</i>	Dresser	Glenn Breed	UWF
<i>BAT BOY</i>	Dresser	Glenn Breed	UWF
<i>A CHRISTMAS CAROL</i>	Dresser	Glenn Breed	UWF

STAGE MANAGEMENT

<i>NORA</i>	Stage Manager/Asst. Dramaturg	Stacy Ray	UHM
<i>THE SPITFIRE GRILL</i>	Assistant Stage Manager	Dr. Lurana Donnels O'Malley	UHM
<i>THREE POSTCARDS</i>	Assistant Stage Manager	Sara Schoch	UWF
<i>ALL IN THE TIMING</i>	Stage Manager/Asst. Director	Sam Osheroff	UWF
<i>BEAUTY QUEEN OF LEENANE</i>	Stage Manager	Paddy Behan	UWF

REFERENCES

Dr. Markus Wessendorf | CHAIR OF THE DEPARTMENT OF THEATRE AND DANCE | UNIVERSITY OF HAWAI'I AT MĀNOA
808-221-5182 wessendo@hawaii.edu

Stacy Ray | ASSISTANT PROFESSOR OF THEATRE | UNIVERSITY OF HAWAI'I AT MĀNOA
808-554-2300 stacyray@hawaii.edu

Paul Mitri | PROFESSOR, HEAD OF ACTING PROGRAM | UNIVERSITY OF HAWAI'I AT MĀNOA
808-927-7150 mitri@hawaii.edu

Alex Munro | INSTRUCTOR | HAWAI'I PACIFIC UNIVERSITY
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